



# Nikki Wheeldon

## About Me

Nikki is a 2 x exited founder and former professional actress/vocalist. Her unique background on both stage, screen and in business underpins her work as a Speaker Coach where she focuses on how we can communicate with confidence and take control of the ways in which we're being perceived. Nikki's 10+ years of experience in and around start ups provides insights around burnout, building a business whilst having a family and the importance of boundaries as well as bootstrapping and why it's important to run lean. On top of her Speaker Coaching, Nikki is a Mentor and Startup Advisor.

## Contact Me

- +447952 946 519
- nikki@vocolab.io
- Lincolnshire, UK

## Who I've worked with



## Topics

- Show Up Strong: The art of confident communication.
- Build on Your Terms. The case for bootstrapping your Start up.
- How to Pitch, Present, Record or Speak more effectively (and actually enjoy it)
- Your Unapologetic Era. Apologise less, banish imposter syndrome and take up more space.
- The Power of Perception and how you might be undermining yourself without knowing it.
- Burnout & Boundaries - Balance the toxic start up culture and build in a healthier way.
- Resilience - Why is it crucial to surviving in business and how can you improve yours?