

## PERFORMING UNDER PRESSURE

Time is short, the picture is unclear and the stakes are high.

### WHAT AUDIENCES TAKE AWAY

- A practical understanding of teamwork when no one person has the whole picture.
- Why effective leadership is not simply about rank - and why the right person may need to lead at the right time.
- How preparation, clear communication and honest debriefing improve performance.
- How effective teams learn, adapt and go again when the plan does not survive reality.
- Why individual expertise, responsibility and trust matter when decisions have consequences.

### STORIES WITH SUBSTANCE

From a two-seat Tornado F3 to an 18-person E-3D Sentry crew, Nigel uses real-world operational and flying-training experience to explore the human principles behind high performance: trust, communication, responsibility and sound decision-making.

His centrepiece story follows the planning and delivery of the Queen's Golden Jubilee flypast, when 31 aircraft formed "E II R" in the sky - a vivid example of teams within teams turning a complex plan into a simple, precise result.

### TAILORED TO THE AUDIENCE

- Themes, duration and tone agreed for the audience and occasion.
- Engaging, story-led presentations with practical insights that travel well beyond aviation.

### BACKGROUND

- Former RAF Squadron Leader
- Tornado F3 and E-3D Sentry pilot
- Qualified flying instructor and examiner
- 5000+ flying hours
- 1000+ fast-jet hours
- Operational experience across the former Yugoslavia, Libya, Iraq and Syria
- Overseas deployments including the Falkland Islands

### SPEAKING THEMES

- High performance under pressure
- Leadership and teamwork
- Human factors and communication
- Decision-making when the picture is incomplete

### SUITABLE FOR

- Conferences and corporate events
- Leadership and team-development programmes
- Professional associations and organisations
- After-dinner and special events